Summit Leadership Camp

Deference and Anti-Distraction Policy - KEEPING YOUR FOCUS

1 Corinthians 7:35 And this I say for your own profit, not that I may put a leash on you, but for what is proper and **that you may serve the Lord without distraction.**

The definition of deference is: limiting my freedom in order not to offend those God has called me to serve.

In order to maintain an environment that is free from distractions, so that we all may focus on what the Lord has in store for us this week; the following policies need to be followed by campers and counselors alike:

Everyone is expected to **conduct** themselves in a manner which reflects an atmosphere of "**focusing on the spiritual**." **Modesty** and **appropriateness** will be the **standard of dress and behavior**.

Dress Code

- No visible undergarments. (This includes camisoles underneath)
- Shorts/skorts must be loose fitting and no shorter than the tips of your fingers when your shoulders are relaxed and arms are hanging by your side. NO spandex or split jogging shorts.
- Skirts and dresses must be modest, (not tight and covering cleavage) and should be no shorter than (3) inches above the knee (approximately the width of a dollar bill above the knee).
- Leggings may only be worn if the wearer is also wearing shorts or a skirt that is the dress code length over them.
- All forms of clothing should cover the wearer's midriff, and for females, the cleavage; especially when leaning over.
- Tank tops with a minimum of 2-inch seam on shoulder are allowed. If tank top is loose and revealing when the wearer is leaning over, please layer with a second shirt or cami underneath. NO sheer outer garments.
- No offensive clothing or tattoos which exhibit alcohol, drug, tobacco products, satanic symbols, inappropriate language, or other offensive displays.
- · While swimming or canoing:
 - o Females: one-piece suit, covering cleavage, bust, and midriff areas. No two-piece suits, please, unless a rash guard and board shorts are worn over. This will only be allowed if no midriff is shown when arms are raised. A tee shirt over a two piece suit will not be allowed.
 - o No Thong, g-string, and high French-cut style swim wear.
 - o Two-piece suits are OK as long as they cover the midriff and meet the same requirements as the one-piece suit.
 - o Males: "boxer" style suits with at least five (5) inch inseam and nylon or mesh liner.
- No displays of body piercings (other than earrings, in moderation, for females), please.
- Footwear is required at all times except inside the bath houses, cabins, and while swimming. Athletic shoes are required for Team Activity Time.

Counselors, please review this policy and understand the requirements and expectations.

If you do not understand the above mentioned, please speak to the Camp Director BEFORE attending camp.